O Virgin, Mother of God!

**O Mother of grace,
Fortress of Christians.
You, refuge of sinners!
Gate of salvation!
Hope of the earth,
Crown of heaven!
You, comfort of the troubled,
Their shield!**

**Who has ever called for your help in vain?
When have you ever forgotten a child's prayer?
I call out persistently in my suffering and in distress:
"Mary always helps - she helps at all times."**

**I will call with confidence in suffering and death:
"Mary always helps in every need."
Thus I believe, live, and die with this thought:
"Mary helps me ascend to heaven."**